

## Physiotherapy Adjunct and Nebuliser Device Cleaning Guide

Research suggests adjuncts and nebuliser devices that are not cleaned and left wet after use, can grow bacteria. It is therefore vitally important to prevent re-infection by **cleaning** the adjunct/device, **sterilising** it regularly and **air drying** it thoroughly.

This document is to be used as a guide, your current adjunct and/or nebuliser device will have been provided by your physiotherapist after careful assessment and clinical reasoning.

	Cleaning	<u>Sterilisation</u>	Replacement	Additional Notes
Pari LC® Sprint	Dismantle and wash all parts in hot soapy water, rinse, shake off excess water and leave to air dry in a well-ventilated space.  After every use	Boil in water for 5 minutes. Shake off excess water, leave to air dry in a well-ventilated space.  Alternatively use a steam steriliser with a run time of at least 6 minutes.	Should last a minimum of 12 months.	Do not wash compressor tubing. If moisture is present, attach the tubing to the compressor and run until droplets cannot be seen.
Filter/Valve Set		Remove parts, shake off excess water and leave to air dry in a well-ventilated space.		
		Daily		

## **Additional Information**

## **Useful Hints**

- Tap out the residual nebulised medication after each use onto kitchen/toilet roll.
- Use sterile water or cold boiled water to rinse all adjuncts/nebuliser devices.
- Wash all adjuncts/nebuliser devices in a separate bowl/container (not in the sink).
   <u>Dispose of the water down the toilet and flush.</u>
- If using antibiotic filter pads, turn over after each nebulisation. Dispose at the end of the day after two uses.